



Patient Name: \_\_\_\_\_

Date Surgery Scheduled: \_\_\_\_\_ Time: \_\_\_\_\_ AM / PM

Arrival Time at Hospital: \_\_\_\_\_ AM / PM or as instructed by your physician.

Please complete the enclosed forms and bring them with you to the center.

## The Night Before Surgery:

- If you take daily medication, check with your physician about what to do the morning of your surgery regarding your medication.
- **Do not eat or drink anything** after midnight, or as ordered by your physician. This includes water, chewing gum, mints, and tobacco.

## The Morning of Your Surgery:

- Bathe or shower to reduce the chance of infection. Do not shave the surgical area for 24 hours before surgery.
- Do not wear makeup or nail polish. Remove any false nails.
- Arrive at the facility at the time directed. Your surgery could be canceled if you do not arrive on time.
- Wear comfortable clothing that is easy to take off and put on.
- Leave your valuables at home.
- If you wear glasses, contacts, or hearing aids, bring along a case in which to store them during surgery.
- If you wear dentures or removable bridgework, etc., remove them before surgery or as directed by Anesthesia Department policy.
- If you have a cold, a fever of 100°F or higher, a skin rash, or an infection of any kind, notify your physician before your surgery.
- Smokers should not smoke for twenty-four to forty-eight (24-48) hours before surgery, to enhance breathing. Your physician may request a longer smoking cessation period.
- Check your blood glucose if you are diabetic and usually check it.

## After Your Surgery:

- After you leave the operating room, you will be taken to the recovery room.
- For your own safety, a responsible adult **MUST** drive you home.
- Someone responsible should stay with you at home the first twenty-four (24) hours after surgery.
- You will be given detailed instructions for your postoperative care.
- You will be discharged when deemed ready and meet discharge criteria.

## Special Tips:

- If you have any problems, please contact your physician.
- You will receive a telephone call following surgery from one of our nurses to inquire about your recovery and well-being. If you have any concerns, please discuss them with the nurse.
- Please limit the number of people accompanying you to two (2). These people are welcome to wait at the facility or we will call them when you are ready to go home.
- Times vary. Plan to be with us from four to six (4-6) hours.

I understand that admission to the hospital may be a possibility if my physician so decides.